THE APOTHECARY

WINTER EDITION

2018

What job would you be terrible at and why?
A mime. Because I'm terrible at staying silent.
If you could have any hobby regardless of how much it cost, what would it be?
I would flip luxury mansions.
If you could make any activity an Olympic sport, what would you have the best chance at winning a medal at?
Online shopping. No question.
If you could have one superpower what would it be and how would you use it?
Flying. I would use it for selfish reasons…to finish my errands faster.
What would be your dream job if you were not on your current career path?
I would be a cast member of SNL.

A Message from Supreme Directorum Lauren Judson

I can't believe Sanibel has already come and gone!! Even though Florida welcomed us a little cooler than anticipated, it was a relief to escape the blizzard that we were getting in the north. Unfortunately, not everyone was able to escape, with many flights being cancelled and highways being closed down. We're sorry to those of you who couldn't join us!!

We were able to celebrate the two undergraduate award winners in style and live on facebook!! Congratulations again to Nicole and Ashley on this great accomplishment. However, the excitement didn't stop there as it was announced that Lois Seidenman, PNP will be honored with the Achievement Award at this coming July convention in Charlotte. Well deserved Lois!!

Please feel free to contact me any time with questions via phone or email. I hope spring comes in with some heat for everyone!!

Fraternally,

Lauren Judson

If you could have one superpower what would it be and how would you use it?
Zoolingualism (This is a word according to Superpower Wiki) – the ability to communicate with animals and understand their reactions, mostly so I could communicate with Copper

A Retention Committee Update from First Sub-Directorum Katelyn Parsons

Since convention, the Supreme Retention Committee had a conference call to get ready for our big alumni outreach. Each undergraduate and mixed chapter

will be sent their roster of previously active fraters with the goal to reach out to these fraters for updated contact information but also to promote ways the chapter and Supreme are working to involve alumni. One of these ways includes CE webinars, which I am hopeful we will be able to run starting this Spring. Through working with Lou's daughter, Michelle Brown, we have narrowed down to two webinar platforms and are in the process of getting demos set up with each to make a final selection.
PFBL,
Katelyn Parsons
Supreme First Sub-Directorum

A Thank You from Supreme Bellarum Nicole Silengo

Hi Everyone,

It was great to see so many of you in Sanibel! I wanted to thank everyone for helping me set up for the Award Ceremony and making that night so memorable for me. These past couple of weeks after convention I have been working on putting together a "Bellarum Guide" with a timeline and checklist for future convention preparation and set up. I am hoping this will be useful for the fraters elected to this position. Aside from this project, I am looking forward to seeing everyone at the upcoming interchapter events!

Fraternally,
Nicole Silengo

Undergraduate Representative Updates from Stephanie Nieman

Hi everyone! I was very excited to see everyone at convention, for those that were able to attend. For all those that were unable to make it down due to the snow up north, you were greatly missed but we hope you can make up for it at summer convention!

Other than all of the weather issues, convention was an amazing time as always. The weekend started off with some very entertaining Karaoke! This was a pretty humorous event, although I hope many of the videos from that night never get found. On Friday the Undergraduates were able to spend some time exploring Sanibel while getting to know fraters from other chapters. Saturdays CE was an informing event about the Cholesterol therapy. We would like to congratulate Sandra Rolon, Sub-Directorum from Pi-Rho, for her amazing job with the CE that she gave with PSD Harjeet Carberwal. Overall Convention was another

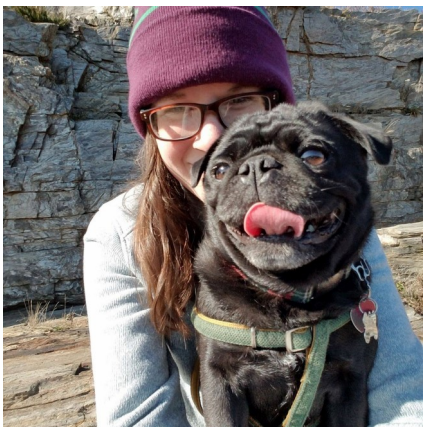
unforgettable time, but this one was extra special as we honored two fraters on winning the Jay L. Pollock award. We would like to congratulate winners Nicole Silengo and Ashley Simpson, they are both amazing individuals, greatly deserving of this award. We enjoyed spending the weekend honoring them.

Nu formal kicked off the spring semester and it was truly a night to remember ;). Thank you to Nu for hosting everyone and for a great event. For the rest of the spring semester Shom, Luke and I are excited to continue visiting different chapters. Countless chapters have put together what looks to be awesome events, and we are all excited to attend! We cannot wait for all future events this year and hope to see everyone there!

All the upcoming inter-chapter events!
Sigma Bowlathon – March 9th – 11th
Psi Greek wars March 24th
Pi Rho induction March 22nd – 25th
Rho formal April 6th – 8th
Epsilon Formal --April 27th-29th
Summer Convention July 11th – 15th

A Message from our Newspaper Cup Chair

Hello everyone! New news from the Newspaper Cup front is that I am so happy to see more newsletters coming in from undergrad chapters. I have loved seeing all the different events fraters have been conducting over the country. A quick reminder that chapters can earn up to 30 points towards the coveted Directorum's cup for submitting valid newsletters. Please remember to include reports from chairs as well as chapter officers in your future submission. This is an easy way to get your newsletters to a longer length and I know myself and supreme love to see input from an entire chapter. If a chapter ever has questions while making their newsletter please feel free to contact me!
PF + BL
Emi Wilson



What job would you be terrible at and why?
Painter! I struggled painting my already white closet with a fresh coat of white paint.
If you could have any hobby regardless of how much it cost, what would it be?
International Beer Taster! You know for market research and what not.
If you could make any activity an Olympic sport, what would you have the best chance at winning a medal at?
TV Binging. Once I start a show I like I must binge!
If you could have one superpower what would it be and how would you use it?
Talk to animals, I just want to know what my pug Gir thinks sometimes and also tell birds not to poop on my car.
What would be your dream job if you were not on your current career path?
Tough one, probably run a brewery with my husband. :D

A Provider Status Update from Our Advocacy Chair

Hello! We at the AZO Advocacy Committee are writing to give a quick update on the status of the provider status bills in congress. The Pharmacy and Medically Underserved Areas Enhancement Act, HB 592 and S 109, would allow pharmacist reimbursement under Medicare Part B, which covers many services that pharmacists already provide! By allowing reimbursement, this will encourage pharmacists and the companies they work for to provide services such as counseling on chronic disease or durable medical equipment to a vastly underserved population.

Pharmacists Provide Care is the coalition organized by APhA to pass pharmacy provider status. Earlier last October, they announced that more than half of the House of Representatives have signed on as co-sponsors of HB 592. Now at 241 of 435 representatives, the advocacy of pharmacists and pharmacy students have given this movement significant momentum in the House. Even more exciting, In the Senate, S 109 has 51 cosponsors of the 100 Senators. More than half! This means that if it came to a vote, it should pass in both houses and move on to the President's desk.

Why have some legislators refrained from co-sponsoring? Many are simply waiting on a "Score" from the congressional budget office. This is an estimate of how much the bill will cost the government. There is no official score, though logically if the government is paying for more services under Medicare Part B, it will cost them more money. Many legislators are hesitant to support more government spending, but it is important to note that there is significant evidence showing that pharmacists on health-care teams save money overall.

Why has it not been put to a vote yet? Well, congress is busy with a variety of other issues. It comes down to priorities that have been set, and this is a low priority on a very complicated issue. That is where you come in.

It is our job to show congress that this is important. The support is growing, but the wheels of the legislature move slowly. We must continue our support of this effort and encourage our legislators to become co-sponsors and show them what this means to their constituents: better access to healthcare. With everything going on in Washington today, it takes a lot of noise to get anything through. We are almost there, so let's make some noise!

For a more comprehensive review of provider status and to learn how to make some noise:
Advocacy and Provider Status AZO webinar: http://www.azo.org/advocacy

Pharmacists Provide Care: http://www.pharmacistsprovidecare.com/

Sincerely,
Mario Coronado
Alpha Zeta Omega Supreme Advocacy Committee

Philanthropy

With the start of a new semester just beginning, we are excited to see what the chapters have in store for Lustgarten! During the fall semester, we were fortunate enough to raise over $1,800 for the Lustgarten Foundation among the undergraduate chapters. The fraters used interchapter events to encourage participants to donate money, planned “Taco Tuesdays” at school, and even started their own annual walk.

Last semester Sam and I worked closely with representatives from our national philanthropy and we were able to gain more insight into how truly special this foundation is. With 100% of all proceeds going to research, AZO is helping to raise money, heighten public awareness, and support family, friends and fraters who hold the Lustgarten Foundation close to their heart.

We look forward to continuing to work with the chapters over the coming months in hopes of holding more fundraisers and assisting however we can to support such a great cause. Thanks to all of the fraters who continue to support and promote our national philanthropy !

PFBL,
Kelly Garrity & Sam Keeven

A Warming Update from Sigma

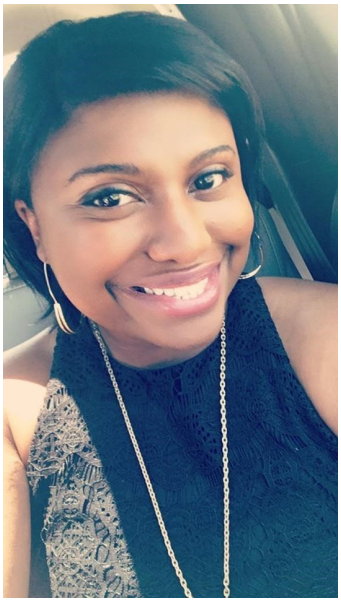
The Sigma chapter has a multitude of exciting activities planned for this semester. One of the activities that we are the proudest of is the 2nd Annual Fleece and Thank You community service event. In this event we fundraise money to then buy the materials to make blankets for children in the hospital. Each blanket has a code that the recipient can use to view a video that our chapter has made expressing who we are, why we do this, and well wishes for their health. We hope to keep this community service event going for years to come.

Another activity we are thrilled about is the interchapter event, Bowlathon, that our alumni chapter is hosting this year in March. We are excited for the other chapters to come visit our city of Toledo and see what it has to offer. Sigma is also proud to be hosting our annual Faculty Auction once again. This is an auction in which our professors donate events such as dinner, tickets to sporting events, or even spending a day on the lake wakeboarding all with our faculty. Students bid on the events and the money from the event goes to aiding the medical mission trips our college participates.

Sigma Excheque, Tylar Crawford

Tell us about yourself?
I am a senior at the University of Toledo and I am majoring in Accounting and Finance. I have really enjoyed holding an executive position this year. I am currently interning at William Vaughan Company, which is a local accounting firm. For fun, I love to read, binge watch Netflix, and learning how to play guitar. I am super excited for what the new year has to bring!
When did you join AZO?
I became a member of Alpha Zeta Omega in the Fall of 2013. I was a first semester

freshman when I pledged.



Why were you initially interested in AZO?

I was interested in Alpha Zeta Omega because I was eager to immerse myself into the world of pharmacy. I was new to college life and I heard about the fraternity through a friend and I was immediately hopeful about the possibilities. I went to an information meeting and I was sold. I thought that there would be no better way to make friends that were also passionate about the same profession.

What do you enjoy the most about AZO now?

I enjoy seeing the growth that my chapter is making. I love seeing new members coming into the fraternity who really want to make a positive change. I believe that our newer members are extremely committed to AZO and I see them going high up in the fraternity. We're a small chapter, but we are mighty. Our members remind me of why I wanted to join Alpha Zeta Omega in the first place, they truly have a love for pharmacy. Although I am no longer in the pharmacy field, I still have so much appreciation for the career so to see progress in it is amazing.

How do you think AZO will benefit you in the future?

Alpha Zeta Omega was my first introduction to "brotherly love" that was outside of my family. The past four and a half years, that form of love has stuck with me and I know that it will for the rest of my life. When I was a freshman, I had to learn how to trust essentially a group of strangers to make it through the pledging process. That process encouraged me to be more open and transparent which I know will help me build relationships in any future job.

Keeping AZO Close with Camille from Epsilon

Freshman year, for most, is a blur. Trying to figure out where her classes were, how to properly eat 3 meals a day or eat in general, and how to make new friends without her best friend from high school were Frater Camille Rabe's struggles her first semester of college.

She decided to join the Rutgers Livingston Theatre Company (LTC) and perform in Young Frankenstein the musical in her fall semester. Camille was used to the tight knit, family-like community of her high school theatre group, but it didn't quite feel the same in LTC. After the fall semester, she knew she wanted more out of college.

Bright eyed and bushy tailed, Camille decided to go to AZO's rush events after hearing announcements in class. Her roommate's boyfriend at the time, Frater Tony Yuan, was also rushing so she didn't feel as alone in the matter. After rushing at a couple of events, Camille was given a smoker, and eventually a bid. When they gave her the bid, she replied with a resounding "yes" and the rest is history. She, alongside 13 amazing others, crossed in SPC '14.

Camille was able to find that family she was looking for, and now she is currently the undergraduate Directorum. Camille loves that there will always be someone to talk to in AZO whether it be for help on a professional email, to cram/ cry all night for a med chem exam, or to have a wine night to unwind from a long week.

Just like a family, you will never see eye-to-eye with everyone, but there will always be someone there for you if you need them. Camille loves her AZO family and making the decision to pledge 4 years ago was the best decision of her life.

Fun Fact: Camille has been doing theatre for the past 10 years and has done a show every year since 2007. AZO has supported her and been to her shows as the loudest, most supportive crowd there is.

Give Ioanna from Lambda Nu Iceland over Islands Any Day

The main reason I joined AZO is because of the closeness I felt within the group. I did not join my first year in pharmacy school, however I wound up joining my second year. In between the two pledging periods, I got close to a member of AZO and she became like family to me. After I pledged in 2017, I became even closer to her along with the other members of the fraternity. It made me feel part of a family since I am so far from home. I felt like I could turn to them for anything and they would be there for me; I would do the same for them.

A fun fact about myself is I don't know how to swim. I have tried numerous times to try to learn and every time it was a fail. My background is that I'm Mediterranean. Obviously when we take trips I tend to stay away from beaches and water. So, we tend to go on trips in the colder places ie: Iceland. That was a blast and I would definitely go back!

I am so happy with the choice I made to join AZO; they have truly become family and I can depend on them for many things in my personal life and academic life. Alpha Zeta Omega has open doors I never thought would be open, all by joining a group of people in school.

Frater Ioanna Xenikakis
Lambda Nu Chapter, Delta Class

Keeping Darius from Nu Even-Keeled

I had no idea a simple hello would lead to joining an organization that would change my life forever. It was the night after my orientation into Pharmacy School, when I first met Mallory Norman in the hallway of my building. She recognized me from the orientation and asked me if I wanted to get breakfast tomorrow with some friends from our class. The next morning, I met Nancy Scarpelli and Cindy Guo who were in AZO along with Mallory. They told me about the General Interest Meeting coming up and suggested that I go. I committed to joining AZO once I left that room.

It turns out I already knew a decent amount of people that were in AZO. I recognized Cindy Zheng and Qing Qing Zhou, who I met two years prior. I also saw Riddhi Dodhia, my mentee and a member of Pledge Committee for that year. However, it was not just the people I already knew in AZO that got me to join. I also wanted to join because I saw the different relationships that were formed across the states and generations. I always wanted to travel more and make long-lasting friends that I could go on adventures with. I saw all those qualities in AZO.

Once I became an official AZO frater with the Fall Pledge Class of 2016, I couldn't imagine life without it. I honestly don't think I could've made it through my first year of Pharmacy School if Jason Albrecht wasn't with me in the library every day.

My favorite part about AZO is going to other chapters and meeting the people there. Visiting other chapters gave me the chance to make friendships with a lot of people from different states. It gave me the chance to learn and experience the world around them. Going to interchapter events and conventions also gave me the adventure I sought in my life and they brought be so much closer to the friends I went on those adventures with.
Thank you AZO for all the incredible friends and the unforgettable memories!

If you could have any hobby regardless of how much it cost, what would it be?
If I could afford it, I'd want my own boat and go sailing.

The News from New York Alumni

We ended the fraternal year at the Summer Convention in Providence, RI. Supreme Directorum Caberwal presented a Directorum's Cup to our Directorum, Jay Rothbaum.

In August, we met at the home of Joyce and Harold Selden. Agnes and Steve Brooks brought food from the famous Harold's Restaurant in their town, Edison, NJ. A schedule for the fraternal year was planned.

September found us at Buon Amici in White Plains, NY. A contribution to the Pi Rho fund for Puerto Rico disaster relief was authorized. The officers were installed by Steve Brooks, PSD. They are:

Directorum	Jay Rothbaum
Sub-Directorum	John Chin
Excheque	Herb Pobiner
Rec. Signare	Harold Selden
Corr. Signare	Eli Gorelik
Bellarum	Lou Flacks

Directorum Rothbaum appointed the following:

Chaplain	Eli Gorelik
Historian	Jerry Zive

In October, we met at the Paragon Tap & Table in Clark, NJ. We welcomed Shari Fine, PSD and her mother, Judy Fine. Directorum Rothbaun noted that the chapter in conjunction with the Westchester-Rockland Pharmacists Society offered eight continuing education programs this year.

For November, we held a theatre party at the Westchester Broadway Dinner Theatre. The show was Annie Get Your Gun. At the meeting before the show, a moment of silent prayer was held for the recovery of Fr. Ira Scheinson. He had recently suffered a stroke.

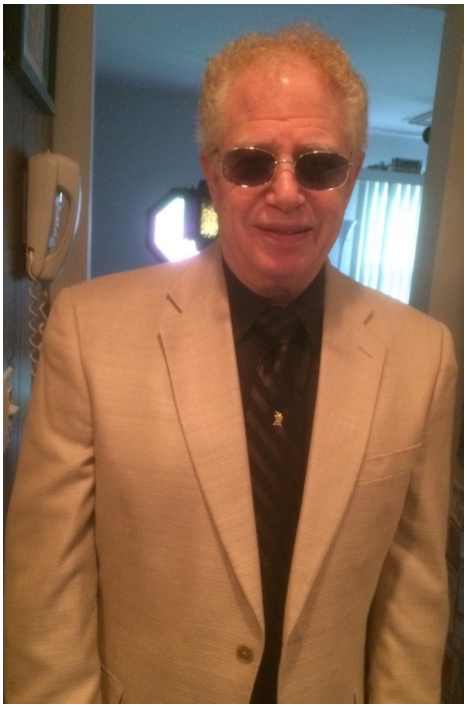
In December, following the meeting we held a holiday party at Buon Amici in White Plains, NY.

In January, the chapter was represented at the Winter Convention in Ft. Meyers, FL. A seventy-year in was presented to Herb Pobiner, Fr. Phil Bauman and Billie Lederman Bauman, Herb's cousins.

Fraternally submitted,

Harold Selden
Signare

Jay Rothbaum, NY Alumni Directorum



Born and raised in Brooklyn, NY. Fascinated by science as a youth, Jay spent his early years tinkering with cars and following the Brooklyn Dodgers, Jay attended Samuel J. Tilden High School and obtained a Pharmacy degree at the Brooklyn College of Pharmacy. He pursued post-graduate study of Pharmacy Administration at Long Island University.

Jay worked in Retail Pharmacy for several years followed by a six year stint as a Pharmaceutical and Hospital Sales Representative for Eli Lilly And Company.

In 1974 he returned to Retail Pharmacy. Jay and his wife Jill operated Hillcrest Thriftmed Pharmacy in Spring Valley, NY for forty years. They reside in Thiells, New York and have four children, Sarah, Michael, Richard and Harrison ranging in age from 23 to 51 years of age.

Jay has been active in Pharmacy and Community organizations for many years. He has been honored by the Retired Senior Volunteer Program for Senior Citizen counseling and "Brown Bag" programs and has also been involved in charitable fund raising, as well as political activities for the benefit of Pharmacy.

As a Community Pharmacy owner, Jay served as Vice President and President of the Rockland County Pharmaceutical Society. In addition he has been

President and Board Chairman of the Westchester and Rockland Society of Pharmacists. He currently serves as board member and Treasurer of that organization. He has been an executive board member of the Pharmacists Society of the State of New York and served five years as the Region Five Representative to that organization. He also was the past recipient of the Merck, Sharp and Dohme award for outstanding achievement in the field of Pharmacy.

Jay is a trustee of the Reform Temple of Rockland and is the Directorum of the AZO New York Alumni. He first became aware of AZO while working for Eli Lilly. His manager, mentor and friend was Bernard Horvitz. Bernie was known as "Mr. AZO." Jay became involved with the fraternity largely to honor the memory of this extraordinary gentleman.

Jay is happy and proud to be active in AZO and considers his association with the wonderful people of NY Alumni to be priceless.

Under the Sea with Tiffany from Psi

Tiffany Bradberry, current second year pharmacy student and our Sub-Directorum, first became interested in joining AZO during her first year at school after seeing the comradery between current members of the organization. After speaking to brothers such as Maritsa, Ariel, and Samantha she knew her place was among our brotherhood. She enjoys participating in all chapter events like Greek Wars, Scavenger Hunt, Roadside Clean-up's and Fundraisers. Most of all, she enjoys getting to meet and see our brothers from other chapters at Convention!

She loves Disney movies, guacamole, country music and LOVES hot sauce. We asked her "What would be your dream job if you were not on your current career path?" to which she answered: "I would be a Disney Princess, preferably Elsa or Ariel." Her involvement at NSU through AZO has granted her the opportunity to be recognized as Student of the Month for February 2018. In the upcoming years, she plans in incorporating Peace, Friendship and Brotherly Love in everything she does.

Healing Others with Nicole from Rho Iota

Nicole Chen was originally interested in AZΩ because her friends were the founding members of the Rho Iota chapter. They really emphasized how AZΩ is more like a family than just another student organization, which is what she enjoys most about it. She says that because every chapter is so interactive and involved with each other, it makes everyone so much closer. She also thinks it's amazing that there are brothers everywhere, because AZΩ really is everywhere! Nicole also enjoys how serious people are about PFBL, because it's not just a saying, you can really see the PFBL when any brothers get together, whether it be for a rush event, a formal, or any inter chapter event.

If she could have any superpower, it would be the ability to heal. This superpower would allow her to heal any patient with any condition. Ever since Nicole was a little girl, she wanted to be a doctor. At that point, her young mind saw doctors as Gods. She wanted to help people in the same way that they did, create a positive impact in peoples' lives. Every time she got sick as a little girl, she could

see her mom worrying about her. Once she was seen by a doctor and went through the proper treatments, she could see her worry disappear. As a doctor, she would have the knowledge and resources to effectively treat patients who are suffering from a variety of diseases. Not only does the physician impact that one patient's life, the physician would also affect the family and friends of that person. That strong of a positive and lasting impact is rare in the world. As Nicole has grown, that desire to help people in need has not decreased. As she has become more immersed in the medical field, she has learned that doctors are human too, and are susceptible to errors; that medicine is sometimes just an educated guess. Even with the technology and the wealth of knowledge pouring into the medical field, there are still many diseases and conditions without cures. If she had the superpower to heal, it would take the guesswork out, and patients and their loved ones would suffer for a much shorter span of time – and what's better than ending pain and suffering?

For Diane McCormick from Tau Alumni, AZO is Literally Family

This February will mark 20 years since I first became a Frater of AZO. I remember hearing about AZO from the girls on the MCPHS basketball team. Darci, Michele, Olga and Megan invited me to come to the rush events. At one event, they were showing pictures of previous conventions. There was so much more than just a small group hanging out in the school lounge, and I wanted to be a part of something special. Joining AZO was the best decision I ever made. Social networking, professionalism, friendships, relationships and sharing a common bond with others was what I wanted to experience in college and my career.

In college, I made friends but most of those friendships faded, except for my AZO family. The reason AZO is so special is because of a common core, consistency and longevity. Conventions were perfect to see the same friendly faces, meet new Fraters and travel.

Over the years, I grew a great bond with a group of Fraters and even married a Frater from the Epsilon chapter. Bill and I first met when 5 of us from Tau visited Epsilon in November 2001. But it wasn't until 2006 that we started dating. A fun fact was at our wedding we requested the DJ to play "Don't Stop Believin'" as our last song, and it has become a tradition at AZO conventions. Bill and I have lived in a few states before settling into New Hampshire. We created 3 beautiful little future AZO Fraters . I am lucky to have an incredible group of AZO friends. We've attended one another's weddings and have play dates with our kids. I'm so grateful to be a part of such an amazing group of people.

Trading Stethoscopes for Suits with Morgan from Tau

I pledged AZO in the spring of 2016 and I am going to say that cliché line- it changed my life. Some of my friends were in AZO as I was already a 3rd year at MCPHS. I saw their dedication to pledging and then to their new family that they acquired in such a short amount of time. I wanted something like that. Tau caught my eye because we are the only fraternity on campus to accept all academic majors. As a PA studies major I knew this could not only benefit me socially but also give me the opportunity to have inter professional experiences and gain more knowledge about another side of medicine the majority of people were interested in at my school. As I continue to learn more and more about the bright and talented fraters of AZO, it solidifies the reasons I chose to join.

I just went to my first convention in Sanibel Harbor, FL and I have to say it lived up to all the hype. Tau girls will literally do anything for one another but at convention I learned that all of AZO will do whatever is needed to be done for a fellow frater. I was also blown away by how welcoming everyone was. I don't think there was one dull moment and I highly recommend convention if you have never been. I met so many amazing people new to AZO up to an outstanding 75 active years. This experience of friendship and brotherly love is why I enjoy AZO and always will.

If I was not on the path of getting my Masters in PA Studies I would love to be a Law Secretary. Can you imagine? Every day, living life like you're on the TV show *Suits*! I would have no problem wearing skirts and heels at the desk of a top lawyer in Boston. I actually have fun typing and researching topics for other people. If you need to do some social media stalking; I am your girl.

Fraternally,
Morgan Q.

A Full House of AZO with Dylan and Adam from Rho

Adam Batty

Before I crossed in Fall 2014, I was interested in how close everyone in AZO was. All of the brothers were always hanging out and having a good time together. This seemed like something I would want to be involved with. As for what I currently enjoy most in AZO, it would be the interchapter events. I didn't know about them before I pledged, but I am glad to have attended many over the years and have met brothers from all over.

I would be awful at being a teacher because I'm not good with remembering people's names. You also need a lot of patience, and I wouldn't have that with that many kids. It would be weird having to enforce rules in a classroom instead of breaking them.

Dylan Batty

Before I joined AZO back in fall of 2014, I always saw how close all of the brothers were at Rho chapter here at Saint Louis College of Pharmacy. You could tell they shared a special bond and I wanted to be a part of a fraternity for that specific reason. You knew that they always had a great time hanging out and genuinely cared about one another. One thing I enjoy most of AZO currently is what originally attracted me to the fraternity in the first place. We have such a close bond, so it is great that I get to watch all of my brothers go on to do great things now that they are becoming pharmacists and the younger ones mature and become leaders in their own way.

Other than that obvious fact that I have the superpower of being in two places at one time, I think what superpower I would chose is an easy question to answer. Telekinesis will allow me to be the laziest person on Earth which would be amazing. Flying is a weak answer to this question because telekinesis allows you to fly and make other objects fly. It's an easy answer to pick telekinesis because you can avoid rush hour too and who likes sitting in that?

Looking Under the Hood with Fabio from Delta Tau

Fabio Caetano is a third year pharmacy student of the Delta Tau chapter here at Western New England University. Fabio is originally from Waterbury, Connecticut and serves as the corresponding signare for the chapter. Fabio pledged Alpha Zeta Omega in the spring of 2017 and was interested in the fraternity from the family environment he experienced and everything it had to offer.

Fabio's first interaction with the fraternity was during an information session where he was amazed of how the members were treating him as if he was already part of the family. Since that date, he has been able to become part of this amazing family, which not only supports each other, but also pushes each other to reach their fullest capabilities. Another thing that attracted him to the fraternity was how much everyone wants to give back to the community and help others in society. He states, "Alpha Zeta Omega has given him the ability to grow as person and as a professional in the world of pharmacy". What Fabio enjoys most about Alpha Zeta Omega is the amount of volunteer opportunities that are offered and the family environment that surrounds him.

When asked if he could have a hobby regardless of how much it costs, Fabio says he would want to own a car garage like

Jay Leno's! Fabio has been an incredible member of this chapter and he cannot wait to experience the fraternity more on the national level

PFBL,
Sean Wiggin
Delta Tau Directorum

Caring for Kittens with Costa from Delta Tau

Knowing people in AZO was one of the reasons that I wanted to see what this fraternity was all about, and once I started to meet more of the fraters, I started to realize that this organization appeared to be a big family. Everyone seemed to get along so well, which is something that really stood out to me. I never truly realized how an organization like AZO could make the fraters so connected until I started to invest more and more of my time into learning about what this organization offered.

The one thing in particular that I enjoy the most about AZO is being the alumni chair for my chapter. This is important to me since our chapter is fairly new and currently working on retention which is a major role that I have. I have been working towards getting our chapter to be a mixed chapter with the help of Nicole Silengo and Ali Ciani in an attempt to get more alumni to stay active in AZO and to come back home to our family.

My most memorable convention for me was the Ft. Lauderdale convention, which is the first one I attended. This was easily my favorite convention because it really inspired me to get more involved in the organization on a national level. I did not know what to expect when attending convention, but meeting people from different chapters and getting to know other fraters was and still is truly unforgettable. Being in Florida in the beginning of January was a bonus!

One thing that some people may already know about me is that I feed feral cats in my backyard. A couple of years ago, it all started with one cat that was hungry and sitting out on my deck. My mother and I both felt bad and we left food out. Before we knew it, there were upwards of 15-20 cats coming to Chez Costa every day. We had a multitude of litters of kittens, most of which we were able to find homes for. I do not have nearly as many cats come to my house now, but still feed them on the occasion when I see them.

Adopting All the Animals with Carmen from Theta Gamma

Carmen Witsken is a third-year student and the 2017-2018 social chair for the Theta Gamma chapter in Findlay. She is from Springboro, OH and started her journey to get her PharmD. in the fall of 2015. She decided to pledge for AZΩ after attending the university's welcome week event sponsored by the pharmacy fraternities on campus. She loved how welcoming the AZΩ fraters were and continued to build friendships during pledging events. She loves the opportunity to

meet other fraters through interchapter events and to help the local community through food pantries and medication collections. The chance to volunteer and to help the less fortunate with their medical troubles reminds her how much of an impact a friendly face can make.

Her goal as a social chair of her chapter is to plan fun events that bring her large chapter closer. By having a supportive group of students who help each other in and out of the classroom, she believes that AZΩ members will be more successful, well-rounded, and build lifelong friendships within the pharmacy community.

Her response to the question “What job would you be terrible at and why?” was an employee of the Humane Society because she would end up adopting all the animals (which would not be a bad thing in my mind). Without Carmen planning these social events, the Theta Gamma chapter would struggle to get all 43 of the fraters together. We appreciate all the hard work she has put into this year to make it the best one yet!

Undergraduate Dialogue

Name: Angelisse Julianna Rivera González

Chapter: Pi Rho

What was your life like growing up and what promoted your choice of career path?

I was born on Christmas Eve, just a couple of minutes before my twin brother, Angel. We have an amazing relationship with my parents, full of love, trust and respect. In many occasions, I sit and think about my childhood and how I treasure each one of my memories. My parents, even though they worked hard, always took care of us and guided our paths through life. When I was 15, I started working at the pharmaceutical company where my mother worked. There, I admired her role as a pharmacist. Sometimes, when it was time to go home, she was so exhausted that she walked quietly to the car, however, she always managed to leave work behind and shared all her experiences of the day. I continued to work in the industry during school vacation periods, and little by little my passion for the pharmacy profession grew until I acknowledged that I wanted to become a pharmacist, just like my mother. I remember thinking, even though it's a job that requires commitment and dedication, my mom always gave her best, both professionally and as a mother. This made me realize that I wanted to follow her footsteps, because I knew I also wanted to have the opportunity to dedicate time to my family.

I grew up and went to a fully bilingual school in Bayamón, Puerto Rico. However, I decided that I wanted to go to college at the University of Puerto Rico in Mayagüez, a campus approximately 2 hours away from home, because I wanted to experience new things and places, and certainly to become independent. My parents agreed and supported my decision because they understood that it would be an enriching experience, both personally and academically. I spent 4 years doing my biology major in *El Colegio* and they were exceptional! Studying there was a very special personal

achievement, of course, always bearing in mind the fact that with my determination and sacrifices, I would reach my goal of becoming a pharmacist. Then, in February of 2015 I was admitted to the School of Pharmacy, Medical Sciences Campus. Finally, I felt my dream became a little more tangible. It filled me with enthusiasm to think that one day I can give back to my parents for their love and support.

Why did you choose the college you are attending?

I decided to go to school here (San Juan) because I am arduously motivated to work with different professionals in order to help strengthen Puerto Rico's health care system, as well as promoting the health and well-being of every patient I encounter.

How did you become involved in AZO?

One of my closest childhood friends, Christine Raymond, is one year ahead of me in Pharmacy School. During my first year, she was part of the executive board and she was always motivating me to become involved in the fraternity. Then, I had the opportunity to pledge and I greatly enjoyed going to every activity because they provided exposure to different scenarios of the profession.

What offices have you held in AZO?

During my second year I was nominated for social chair. I accepted because I love planning events, as well as anything that requires creativity and details! I certainly enjoyed being a part of that executive board as it gave me the opportunity to get to know future colleagues from other classes. I learned that although we get completely immersed in our daily routine and we are always busy with school, we should dedicate time to things that make us happy. Being able to coordinate events to get my AZO family together was amazing.

Then, after my first AZO convention, my frater Sandra Rolón told me that she believed I had the potential to become the new Directorum. To be honest, at first, I was not sure because school and rotations were going to get tough. However, I accepted because I knew that holding that office was going to help me grow as a person. To this date I can firmly assure it was one of the best decisions I've ever made since I've had the opportunity to work with a resilient executive board, as well as with all the officers I have been in contact with from Supreme.

I know Puerto Rico is still recovering from devastating hurricanes this past year; what changes have you and the Pi Rho chapter had to endure through this recovery?

The past few months have been the most challenging times I've ever experienced. I think we didn't expect for hurricane Maria to devastate our island as it did. The fact is that desperation really struck when we realized that all forms of communication were destroyed. There was absolutely no way of contacting our friends and families. That was definitely the hardest part, living through the agony and the uncertainty of whether or not your

loved ones were okay.

The only communication we had was a small radio. The government dictated a mandatory curfew, and no one was allowed outside at night because it was extremely dangerous. Getting food, supplies and gas was very difficult, and we spent hours in lines in order to get them. As days passed, word spread that people were getting phone service in the highway. When I finally had access, I logged on to social media and called all my friends and family. Three hard weeks finally passed, and we were notified that our campus was going to be the first one to resume classes. No one can imagine how relieved and thankful we all were to see each other again after what we all\ had to encounter.

It was emotionally draining to study and continue going to school despite all the hardships we had to go through every single day, even to simply buy food. However, adversities tend to take unexpected paths and turn into good things! Our chapter became closer than ever after hurricane Maria. During that first week of school, we had a chapter meeting to assess each brother's particular needs so we could help them. Most of us spent weeks without power in our homes, so we were basically living in school from 8am until it closed. We were always together and we made sure that everyone made it home safe. Now that things are almost back to normal, I look back and remember not the hardships, but how we united and supported each other to overcome them.

What has it been like being Directorum of Pi Rho through the entirety of the recovery thus far?

Being completely honest, the first few weeks after the hurricane were exhausting. It was really tough to keep up with school, manage being without power back home, and certainly, making sure all the brothers were doing okay. However, thanks to my family, all the brothers, and of course, all the love, great vibes and support we received from the different chapters, I found the strength to continue working hard. I believe the fact that I had to dedicate time to organize free Meet and Eats for the brothers, as well as buying supplies, helped me stay focused on my studies because I had to make sure to handle everything.

What are a few of the things that you are most proud of the Pi Rho chapter for through this trying time?

For me, working together and taking care of each other is without a doubt our greatest accomplishment during this trying time. I believe I had the opportunity to see a more personal side of all the members of the executive board. That is, a compassionate, caring and perseverant one, full of hope as well as empathy towards others. Thanks to the fundraising efforts carried out by all the chapters and by Supreme, we were able to do several activities to provide food and supplies for the fraters. It was amazing to experience how we organized ourselves in order for everyone to complete different tasks so that each activity was successful. It was very difficult to find supplies and bottled water at first, but someone always managed to buy them and we distributed them among all the members. My greatest concern was the fact that during finals, most of the brothers still had no power and I really did not want this to have a negative impact in their academic performance. Not being able to cook or study in your own place brings desperation, so it was definitely our duty as members of AZO to provide support in this time of need, and thankfully, we worked together to achieve this! We are currently planning philanthropy events so we will give you updates soon.

Always remember,
BE AM**AZ**ING T**O**DAY, **BE AZO**!

In Memoriam

Ernest (Ernie) Jacobson, Beta

April 23, 1930 – January 8, 2018

1991-1992 Supreme Directorum

Past Supreme Directorum Ernie Jacobson passed away January 8, 2018 at the age of 87. Born in Germany, Ernie joined Alpha Zeta Omega Beta Chapter at Philadelphia College of Pharmacy and Science in 1950.

After graduation in 1953, Ernie served in the United States Army for 2 years and returned to Philadelphia to practice community pharmacy for over 40 years. Ernie was a member of National Association of Retail Druggists, Philadelphia Association of Retail Druggists where he served on its Board of Directors, and the Masons. Upon retiring from practice, Ernie and Dottie split time between Philadelphia and Florida.

Ernie held many positions in both Beta and Philadelphia Alumni, culminating with serving as Directorum in 1965-1966, followed by many years on the Board of Directors. His first position in Supreme was Bellarum in 1986-1987, followed by 2 years as Excheque, 2nd SubDirectorum in 1989-1990, 1st SubDirectorum in 1990-1991, and Supreme Directorum in 1991-1992. After leaving office, Ernie served as Ephraim G. Sless Memorial Chairman, 11 years as Director of Financial Affairs, and as Trustee of the E.G. Sless Memorial Fund for 3 years. Ernie was chosen as the 1999 Meritorious Award recipient.

Ernie and Past National President Dottie were married in 1951 and is survived by his son Barry (Carrie), daughter Heidi Rubin (Mitchell), grandchildren Brad Jacobson (Elinora), Rachel Jacobson, David Jacobson (Stephanie), Emily Jacobson, Ilana Rubin (Matan), Shira Chervin (Ben), and great grandson Noah Price Jacobson.

Rest in Peace, Frater.

A Message from the Editor

I hope everyone who has gotten this far in reading the Winter Apothecary has enjoyed reading about some Fraters they may not have met before! I came up with the idea for this edition trying to think of various things to do to keep material interesting and not so repetitive. Knowing the winter season provides less material for submissions than others (especially for our undergraduate chapters), I figured this would be a fun and interesting way to feature some Fraters that many people may not know, so I hope everyone enjoyed it.

As always, it was a pleasure reading all the submissions, albeit a little mind-blowing for me to hear Fraters talk about Sanibel Harbor being their first convention considering it was mine as well, 6 years and 11-of-13 attended conventions ago. Additionally, while I'm saddened by the news, I was pleased to have received a submission in remembrance of recently deceased Frater and PSD, Ernie Jacobson. I know I, as well as many others, will certainly miss Ernie at all conventions to come. I'm sure I can speak on behalf of the Supreme E-board that we all extend our condolences to Dottie, their family, Philadelphia Alumni, and the rest of AZO.

Last, as always, I welcome any and all feedback on the Apothecary, so feel free to email or call me about anything you liked or would like to see improved. Also, thank you to those who provided feedback on the Fall Edition, and I look forward to hearing from more Fraters about this Winter Edition!

PFBL,

Nick Woodard

Directorums Cup Tracker

Directorum's Cup Activity	Points per item or Frater	Limit	Total points available	Notes & Suggestions
Chapter Reports				
Meeting Minutes	10	8	80	Sent to Supreme Signare
Financial Status	10	8	80	Sent to Supreme Excheque
AZOan Report	20	1	20	Sent to AZOan Editor
Newsletters	10	3	30	Sent to Newspaper Cup Chair
Convention Attendees				
Winter Meeting	4	10	40	Fraters who have attended all meetings and have paid convention fee
Summer Meeting	4	10	40	Fraters who have attended all meetings and have paid convention fee
January 1st Financial Standing				
Chapter Tax & Activities Fees	25	1	25	November 1st deadline to Supreme Excheque with active frater information and notation of graduating fraters to Supreme Signare
Initiation Fees	5	2	10	within 30 days of initiation to Supreme Excheque along with ABCD cards (or appropriate information) to Supreme Signare
Fund Contributions				
Roy Scott	10	1	10	November 1st deadline
Ephraim G. Sless	10	1	10	November 1st deadline
Host CE program or professional events	25	2	50	Proof must be shown to receive points
Charitable Endeavors				

Contribution	10	1	10	National Project
Fundraising	10	1	10	Chapter's choice, proof must be shown to receive points
Volunteer Work	10	1	10	Chapter's choice, proof must be shown to receive points
Mailing list & Graduating Fraters	10	1	10	MANDATORY
Interchapter Events	20	3	60	Directorum's Cup Verification Form must be submitted to receive points; cap at 3 times between two particular chapters
Visiting Chapter				
Hosting Chapter	2	10	20	
Visiting Chapter Distance Between				Supreme Directorum and Supreme Undergraduate Representative do not count toward chapter; proof must be shown to receive points; cap at 3 times between two particular chapters
1-100 miles	1	10	10	
101-500 miles	2	10	20	
501-1000 miles	3	10	30	
>1000 miles	4	10	40	
Points available	435			
Points required	360			