



The Apothecary *Spring 2019*

Editor: Nicole Hodgdon





Philadelphia, PA

Alpha Zeta Omega 2019 National Convention

**Hilton Philadelphia at Penn's
Landing**

201 S Christopher Columbus Blvd
Philadelphia, PA 19106

To make reservations go to the following link:

<https://www.azo.org/hotel>

July 24 - 28, 2019

Convention Fee

\$289/person

*Convention Room
Rate*

\$199/night

(Good 3 days before and after based
on availability)

*Registrations AND
Reservations due
by:*

June 17th, 2019

**Please register each
attendee individually on
the AZO website*

Convention fee MUST BE PAID
IN FULL BY

July 7th, 2019

Please send \$100 deposit per
person or full convention
amount to:

Adam Schweitzer, AZO
Excheque
9 Barisano Way
Mashua, NH 03063



Officer Reports

Supreme Directorum Katelyn Parsons Spreads PFBL to Chapters Across the Country

Hello fraters!

Since my last update, I have been busy visiting chapters! In early March, Kyle and I attended Delta Tau's formal, where we were proud to see the installation of Delta Tau's first alumni officers. A few weeks later, I traveled to Sigma's Bowl-a-thon, where the Sigma fraters showed me a great time with BBQ, Mr. Freeze, the Toledo Zoo, and bowling, of course! The following weekend, Kyle and I attended Tau's Last Call, where I had the honor of installing their new alumni and undergraduate officers. Coming up, I will be going to Nu Chapter's Alumni BBQ, Epsilon's Formal, Rho Iota's family dinner, and Kappa's service event, all this month! I am also working to see if I can swing a trip to Puerto Rico to visit Pi Rho and Psi fraters at the end of May. It's been a busy few months, but traveling to other chapters is by far one of the best parts of being Supreme Directorum.



In other news, Tiffany posted our most recent video update in early March on the AZO Facebook page highlighting many of the exciting things we have going on. Since then, we had our second CE webinar, put on by Frater Mehul Patel on schizophrenia. The 2-credit program was very successful and well-received; thank you again to Jon McLachlan, Izzy Janajreh, and NY Alumni for their help in making these webinars possible. We are excited to bring you two more webinars in the upcoming months, free for any active fraters – look out for advertisements coming soon! The active frater email list is almost functional; we should be able to use this to send out fraternity emails moving forward instead of emails only going to fraters who have registered on our website. In the coming months, we are hoping to put on a fraternal mentorship webinar with various officers talking about different roles within the fraternity and ways to get involved for any interested fraters. We also have some exciting fundraising things coming your way, including a t-shirt for the upcoming convention that the Fundraising Chairs are working on. More info to come!



If you have not already done so, please check out the chapter newsletters posted on the AZO website and the blog that the Undergraduate Reps have been updating with all of their travels this year! Lastly, you will not want to miss our summer convention July 24-28 in Philadelphia, PA, the birthplace of AZO! The Convention Steering Committee has been hard at work to make this convention one-of-a-kind with things such as dinner on the Moshulu boat for our opening evening and a Night at the Museum event to honor our 100 years of history. We hope this convention will be one of our biggest ones yet! Hotel and registration information can be found on the AZO website.

As always, please don't hesitate to reach out to me for anything. I wish everyone a great end to our 2018-2019 fraternal year and hope to see you in Philly!

PFBL,

Katelyn Parsons, PharmD, BCACP

Supreme Directorum 2018-2019



Supreme 1st Sub-Directorum Tiffany Janajreh Rounds out Retention and Point Reform

As the fraternal year wraps up, I am happy to report that we are seeing continued success with the Retention Committee. We have held 3 conference calls, and have a final call scheduled for April 14. Over the course of this past year, we have seen continued growth, which has led to the highest number of active fraters in recent years. This is partly thanks to the members who represent their chapters on the retention committee, who have worked tirelessly to promote activities that bridge the gap between alumni and undergraduates. Another large draw has been our new CE webinar program.

Over these past few months, I was also tasked with working with a committee to update our Directorum's Cup point system. This committee consists of Diane Gomes, PSD, Deputy Izzat Janajreh, PSD, Signare Nicole Saracino, Director of Development Natalie Underdown, and Associate Undergraduate Representative Dan Hannig.

Together we have assessed the current Directorum's Cup point system, created changes as needed, re-worded the bylaws regarding the point system to present at the National Convention, and are now re-evaluating the point scale. We look forward to making a presentation at the National Convention and hope to see a bylaw change reflecting the needs of the fraternity.

Fraternally,

Tiffany Janajreh

First Supreme Sub-Directorum



Supreme Undergraduate Representatives Keep the Chapters Connected



These past few months have been filled with plenty of memorable interchapter events! We finished January off right with Nu's 4th annual formal and traveled to the bustling city of Boston for Tau's Third Weekend in February. Then, we took a triple dose of PFBL in March with our fraters having a blast at Delta Tau Formal, Rhomageddon, and Sigma's Bowl-a-thon. We look forward to dancing our way through April during the formals at Rho, Rho Iota, and Epsilon. Delta Tau's Bring the Gold to Lustgarten and PiRhotecnia will spring up during May to round out the semester!

Between our travels, Bri, Daniel, and I created a document that our undergraduate chapters can use to share their fundraising ideas and events so everyone can draw inspiration from them! We have also been looking into nearby attractions and activities in Philadelphia to make this convention the best one yet!

An enormous thank you to every chapter for showing us endless hospitality and a wonderful time no matter where we are! It is always amazing to see how PFBL spreads across distance and generations. Bri, Daniel, and I have had the time of our lives being your Undergraduate Representatives, and we are excited to see where our journey will take us next! See you all in Philadelphia to celebrate 100 years of Alpha Zeta Omega!

PFBL,

Darius Papalis

Supreme Undergraduate Representative

Good & Welfare Chair Showcases Accomplishments

Hello all! Hope everyone is gearing up as we head into our 100th year celebration! Good and Welfare have continued to keep me busy with lots of amazing life events within the fraternity. I would like to thank everyone who keeps sharing their life events with us; please keep them coming! AZO loves to hear about all you have accomplished. If you or someone you know would like to be recognized for something, please feel free to reach out to me. If you have any interest in what I do or would like to know more about my position, please do not hesitate to ask. This appointment has been extremely rewarding and I would love to tell anyone all about it!

Fraternally,

Ashley Simpson

Good & Welfare Chair



Goals are Within Reach for the Philanthropy Committee

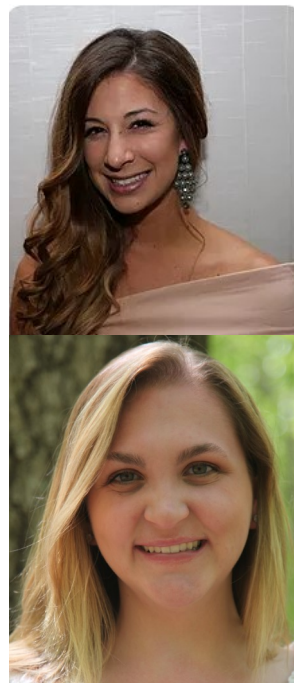
Hi everyone,

We are very proud of your philanthropic accomplishments thus far. As a fraternity we have raised \$8,121 for the Lustgarten Foundation, bringing us very close to our goal of \$10,000. Do you want to stay updated on the amount raised? Make sure to check out the philanthropy fund tracker that has been added to our AZO website! We will be circulating a list of past successful philanthropy fundraising ideas to the chapters to assist in achieving our goal. Kudos to Epsilon, Lambda Nu, and Delta Tau for being our top fundraisers to date. If anyone has questions regarding where funds should be sent, please take a look at the new document posted on our website to help streamline this process. Lastly, we are excited to share that at our Centennial Summer Convention, we will be hosting a Lustgarten Walking Tour through historical monuments in Philadelphia. We look forward to seeing you all there! Congratulations on your efforts; keep up the great work!

Fraternally,

Nicole Silengo and Joanna McCormack

Supreme Philanthropy Chairs



Mentorship Matches Met with Positive Remarks



2018 was a time of information gathering and planning for the mentorship committee. Surveys were conducted to gauge interest in a mentorship program that would pair undergraduates with alumni fraternity members who are in a career path of interest for the undergraduate. Alumni are able to get to know a current pharmacy student and give them personalized advice and coaching on a range of professional topics from resume writing to career advice. 2019 has been a year of action with the pairing of alumni mentors with undergraduate students in January. Preliminary feedback has been overwhelmingly positive and we feel this is a program that could continue for a long time and strengthen the bonds between students and alumni. The committee will continue to monitor and find ways to improve this program, so please be on the look out for a follow-up survey to get feedback and provide comments on how the program is going!

PFBL,

Brad Perry and Emi Wilson

Professional Mentorship Committee

Final Newspaper Deadline One Month Away

I want to start off by thanking all of the chapters for doing such a great job so far and being so cooperative and receptive to all of my badgering emails. I'm happy to report that nearly all of the chapters are currently eligible for the Newspaper Cup Award, with just one last submission remaining. **The final due date is May 10.** This is a strict deadline as the points awarded must be reported to Supreme in order for awards to be ready in time for convention. I know that finals can be a busy, stressful time so I encourage you all to start working on them sooner rather than later. As always I am here to offer any assistance!

Fraternally,

Kelly Garrity

Newspaper Cup Chair



Recruitment Wraps Up Repository and Completes Database

The Recruitment Committee is tasked with developing resources for our chapters as they enrich the recruitment experience. This fraternal year, the Recruitment Committee has aligned to 3 major goals. The first is creating a Repository of Recruitment Resources that catalogs the current strategies and activities at all active undergraduate chapters. This covers basic demographic-type information, such as windows of recruitment, average class sizes and cadence of meetings. This repository will be constructed and periodically updated by future Recruitment Committees, but accessible by anyone who can use the information.

The second goal for this committee is to start creating materials that help chapters develop the recruitment process by sharing information with each other in more standardized mediums. Although discussed, it does not seem likely formal documents will have been created by the end of the year, but may be considered as a future activity.

The third goal was to create a process for centralized collection and organization of fraters interested in being interviewed by students going through the recruitment process. This should reduce the burden on pledgemasters to request this information individually, reduce the number of communications that interested fraters need to respond to and provide a simpler process for carrying forward the decision to participate. It is intended that the repository and yearly call for participation will be formalized by this committee, and then executed yearly by future Recruitment Committees.

It is our belief that through the pursuit of these three goals for the fraternal year, making recruitment information accessible for those who seek it, these resources can become foundational for continued success of Alpha Zeta Omega for many years to come.

Fraternally,

Vishal Amin

Recruitment Committee Chair



The Opioid Epidemic Task Force Launches Educational Events

In an effort to keep Alpha Zeta Omega up to date with information regarding the Opioid Crisis within our nation, the Opioid Epidemic Task Force was formed across our college and



university campuses. The group has utilized ideals from influential programs and organizations, such as Cardinal Health's Generation Rx program, in order to inspire events and media campaigns. The first successful event hosted by the Opioid Epidemic Task Force occurred at the University of Findlay this March. Addison Sember of our Theta Gamma Chapter took charge in developing an informational program where attendees played trivia games to learn facts about the epidemic in Ohio and what naloxone can do. This program increased awareness regarding the epidemic and its prevalence on Findlay's campus. The task force is so proud of Addison and her initiative, and hopes that other chapters follow in her path to providing this crucial information to our Universities across campuses.

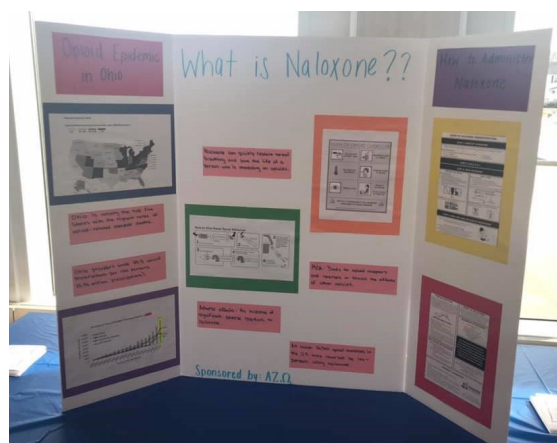
Additionally, in late April, Frater Shailee Gusani will host a round table event in collaboration with APhA at Rutgers University. The round table will feature local EMS, police officers, a member of the DEA, an emergency medicine pharmacist and a federal prosecutor. These professionals will come together to speak on fentanyl's terrorizing role in the opioid epidemic and to answer questions from an audience of pharmacy and medical school students.

In the future, we are hoping to generate interest from AZO Fraters to attend Pharmacy Day in their respective areas. This opportunity will allow us the experience to speak to legislators about bills that affect pharmacy and to advocate for our profession.

Peace, friendship, & brotherly love,

Karli Boniello & Mallory Norman

Advocacy Committee



E. G. Sless Scholarship Deadline Approaches

Happy spring to all of my brothers! It seems like summer is just around the corner! I know all of you undergraduates are busy wrapping up spring semesters, but don't forget to make time to fill out your Ephraim G. Sless scholarship applications. This may be the last reminder that you see, so mark your calendars now for June 1. So far I have received very few applications, and my inbox is eagerly awaiting your submissions! You may send your application via email to toddt040@gmail.com or via mail to 346 Palmer Avenue Portland, ME 04103.

PFBL,

Todd Thompson

EG Sless Memorial Scholarship Chair



Resolutions Committee Prepares for Annual Convention

The Resolutions Committee is designated to present resolutions for consideration to the Supreme Chapter at the Annual Convention. It generally brings forth congratulatory, professional and fraternal recommendations to be voted on by the Supreme Chapter. Congratulatory ones generally recognize some level of personal/professional achievement. Professional resolutions would request Alpha Zeta Omega to take a stand (for or against) some professional recommendations, laws, guidelines, etc. Fraternal resolutions are used to implement changes in the fraternity's constitution or bylaws.

If anyone has a recommendation that they would like to be discussed, please send it to me (brucestrell@gmail.com) by July 1, 2019. If anyone wishes to discuss their thoughts prior to submitting a resolution, please call me (813-690-3513) after July 1, 2019 and leave a message and I will return the call.

I'm looking forward to seeing everyone in Philadelphia.

Fraternally,

Bruce Strell, PSD

Resolutions Committee Chair





Chapter Reports



Delta Tau Alumni Chapter is Formalized

I am incredibly proud to announce that the Delta Tau Chapter has established their alumni chapter this year. The Delta Tau Alumni Committee has worked tirelessly since September creating a constitution and bylaws, hosting monthly meetings to discuss recruitment and retention initiatives, and creating realistic goals and intentions for our chapter. This huge accomplishment would not be possible without the drive and leadership of our advisor, Dr. David Baker. Additionally, the amount of active alumni fraters has grown greatly to 18 fraters this year, and I plan to continue focusing on retaining even more in the future. The installment of our officers occurred at our annual Delta Tau Formal. I want to thank my fellow fraters for entrusting me with the responsibility of Alumni Directorum as well as equipping me with a remarkable executive board. I am honored to give back to the organization that has given me so much.

PFBL,

Ali Ciani

Delta Tau Alumni Directorum



Delta Tau Undergraduates Dance the Night Away at Formal

This semester the Delta Tau Chapter held our annual formal weekend. The weekend kicked off on Friday afternoon when we initiated 14 new fraters. After initiation, we welcomed everyone to one of the AZO houses for a huge potluck. This was a great way to welcome our new members as our friends from other chapters began to arrive. Later that night we came back together to have a Mardi Gras-themed event.

Saturday was a more relaxing day. We showed our interchapter brothers the local brunch spots before getting ready for formal. This year was special for our chapter because we introduced our first alumni executive board. The inaugural executive board was installed at formal to show our new members and friends from other chapters what the future holds for Delta Tau. Formal is my favorite event of the year, and I'm grateful for everyone's hard work that made the night a success! I also wanted to thank the 85 fraters and guests in attendance at our formal this year, and all of our brothers from other chapters for always supporting our events. We hope to see you all at Bring the Gold to Lustgarten on May 4.

Fraternally,

Nicholas Raschilla

Delta Tau Undergraduate Directorum



Epsilon Alumni Introduce Webinars

Hello again everyone! I cannot believe that the fraternal year is quickly coming to a close. For this edition, I wanted to speak about an exciting new venture that the Epsilon Chapter has undertaken. With a huge amount of effort from Professional Chair Arielle DiPasquale and much help from Izzat Janajreh, PSD, we were able to deliver not one, but two CE webinars this year. We saw the success that Supreme had with their programs, and we wished to emulate it on the chapter level as a professional development tool, as well as a fundraising opportunity. I am proud to say that we were quite successful in our endeavor. Apart from the obvious perk of being able to advance our knowledge about progressive pharmaceutical subjects, the webinars allowed us to deliver the same quality programs we have in the past with much less overhead and at a more comfortable venue (i.e. your home). We will definitely be looking to continue the momentum we've gathered with these programs in future years.

Hope to see everyone at the Centennial in Philly!

Fraternally,

Yefim Vexler

Epsilon Alumni Directorum



Regulations and Law of Controlled Drug Substances in a Retail Environment

CHRISTOPHER YANOSCHAK PHARM. D, RPH

Kappa Alumni Brings Fraters Together with Banquets & CEs

As Kappa Directorum, I have been challenged to increase the number of active fraters. We are in a perilous situation, with longtime fraters passing away while new graduates move to different states. The longtime fraters remain active and many come to our monthly continuing education programs. It is a great way to catch up with old friends and network while gaining new knowledge. We hope to find ways of engaging new graduates and younger fraters so that the Kappa Alumni remain strong. I hope the June banquet brings some surprise guests who are interested in becoming more active next year.

Peace, friendship, & brotherly love,

Michelle Shapiro

Kappa Alumni Directorum

Kappa Undergrad Reunites with a Former Leader

The event that the Kappa chapter has done this semester that has really stood out is inviting the chapter's former directorum from two years ago to come talk to the chapter. She was the frater who recruited me, and when I invited her, she was super excited for the opportunity. It felt like we were a big family, and it brought up some great memories. She gave us great advice on how to survive pharmacy school and how to succeed in the pharmacy world after we graduate. Due to its success, we will be making this event a tradition moving forward.

Fraternally,

Kudzo Adzalko

Kappa Undergraduate Directorum

Lambda Nu's Pledge Class Promises Progress



The first part of this semester was devoted entirely to the pledging process. This year has the distinction of welcoming our largest pledge class ever in the short history of our chapter. As a brother, I know that I was looking forward to connecting with the group of fellow pharmacy students who we were proud to initiate at the beginning of March. I had several wonderful lunches with members of the pledge class. I really enjoyed getting to know the individuals who were going to become family. One of the final things that each pledge does before crossing over at initiation is give us feedback on the pledging process. Many of them stated that they enjoyed meeting all the brothers and getting to know us—a sentiment that our brothers return. It still amazes me how well we can get to know each other and form a bond in the short time rush and pledging allows us. I am looking forward to the ideas that each new member is going to bring to the table. What I was most proud of was the willingness of each of our pledges to go along with the chapter traditions and the level of dedication that they showed in following up on their tasks. Most of all, I am proud of how high they set the bar for next year's pledges. In the end it isn't about the size of the pledge class, but rather its character. Our pledges proved their dedication to Lambda Nu and their new brothers, and I know that this will strengthen our chapter as we move forward. I want to thank Fraters Hillary, Jamie, Lilly, and Abby for all their hard work as well as each new member of Lambda Nu's Zeta class.

Fraternally,

Elsie Morgan

Lambda Nu Historian

Nu Chapter Hosts Fraters at the Holiday Inn



Earlier this semester, Nu Chapter held our 4th annual formal on Saturday, January 26! The weekend kicked off with a gathering Friday night to bring everyone together.

This was Nu Chapter's second time hosting the formal at the Holiday Inn in Norwich, CT. The night consisted of delicious food and even better dance moves. Nu Chapter's Bellarum, Frater Wilmer Gonzalez, put a lot of time and effort into making this event a success, with a total of 100 brothers in attendance. All arrangements were carefully thought out with the help of Wilmer's formal committee. Buses were available to and from the event. During formal, there was a professional photographer and a DJ that made it a night to remember. As formal ended, brothers had the option to bring the party to Mohegan Sun!

A big thank you to Bellarum Wilmer Gonzalez and his formal committee for planning this event. It was a night full of peace, friendship, and brotherly love, and we cannot wait to have more interchapter events as successful as this one!

PFBL,

Mallory Norman

Nu Chapter Directorum



NY Alumni Celebrates Personal Milestones

Our chapter had a good size contingent at the convention in Orlando. When we returned to New York, we held a board meeting at the home of Gloria and Lou Flacks.

In February, we had a meeting in Nyack, NY at La Fontana Restaurant. We got news that Frater Herb Pobiner was recovering from his recent illness. Also Esther Ingber was recuperating from knee and back surgery. Frater Lou Flacks announced that AZO/NY was sponsoring a continuing education program being held by the Westchester Rockland Society of Pharmacists. Birthdays were celebrated for Fraters Steve Brooks, Jerry Zive, John Chin, and Joyce Hoffman-Selden and Esther Ingber.

March found us in Cranford, NJ at Pizzeria Bel Giardino. PSD Shari Fine attended. PSD Lou Flacks reported that the convention registration can be made on the website now. We celebrated the birthdays of Ellen Wally, Frater Bernie Wally, and Agnes Brooks. Frater Jay and Jill Rothbaum's anniversary was toasted. We were pleased to learn that Frater Herb Pobiner became a great-grandfather. We also learned of the passing of the wife of Frater Sy Salob. Get well wishes were sent to Harriet Luftig after knee surgery and to Frater Jorge Ocasio after hand surgery.

Fraternally,

Harold Selden

NY Alumni Recording Signare

Pi Rho Advocates for their Students and Community



Pi Rho has had many activities this semester. We've continued our partnership with Together Puerto Rico to deliver water filters and solar lights to families still in need after the hurricane. On March 23, 2019, we drove to Ponce to deliver the water systems and educate the families on their importance and proper use. This activity has helped us realize how many consequences of the hurricane have still not been remedied. Therefore, we have dedicated ourselves to do the most we

can to positively impact those in need. We are looking for other areas in need of restoration where we might contribute as a fraternity.

In light of the recent match week, we would like to congratulate our AZO fraters who successfully paired with institutions. We supported them through this challenging period by preparing a night of mock residency interviews. A group of alumni returned to interview our prospect students in both Spanish and English, in person and via webcam, so they would be as prepared as possible. This learning experience embodies what the fraternity is all about: fraters helping each other to perform better professionally and academically.

Fraternally,

Viviana Rullán Varela

Pi Rho Directorum

Rho Brings the Party to the Parade

Rho Chapter has had an exciting spring semester this year. Among all of the events we have hosted this semester, Rho Chapter's annual Rhomageddon was by far the best. As many of you know, Rhomageddon is our annual interchapter event, to which we invite all of the brothers from across the country. Each year, St. Louis hosts the second largest Mardis Gras celebration in the country and we love to celebrate with our fellow fraters. I am proud to say that this year we had the largest turn out yet, with fraters from multiple chapters celebrating and enjoying the weekend with us. We all went down to the historic Soulard district of St. Louis, with all of the bead necklaces that we could find, and joined the thousands of people celebrating the holiday. Everyone had a blast at the Mardis Gras parade, despite the chilly weather. Of course, Rhomageddon isn't complete without a trip to the famous Pappy's Smokehouse for some barbeque. Sunday, we all enjoyed a bitter-sweet meal at the famous BBQ joint before everyone had to head home. We had a great time getting to know one another and catching up with old friends. Rho Chapter looks forward to hosting an even bigger Rhomageddon next year, so don't miss it!

PFBL

Eric Lehnke

Rho Directorum



Rho Iota Puts the P(FBL) in Philanthropy

This year, Rho Iota organized a team to fundraise for and participate in Relay for Life. Spearheaded by Creative Chair and Pledgemaster Jordan Dean and Philanthropy Chair and Bellarum Jenn Wong, we were able to host a booth at the annual event to benefit the American Cancer Society. The booth sold reusable straws with 100% of the money made going to ACS. Our participation in Relay for Life is something we hope to do every year as we broaden our philanthropic reach. RI's philanthropy team as a whole has been so heartwarming to watch in action. Rho Iota elected to adopt a personal philanthropy this year, the Tuberous Sclerosis Alliance, after being approached by a College of Pharmacy student named Justin who lives with this complex disease. We have successfully hosted two fundraisers benefitting the TS Alliance, made posts to spread awareness around campus, and plan on continuing to work with them for as long as Rho Iota is around! Additionally, this year, we have introduced "Dress Down for Lustgarten" as a way to be able to donate even more to the Lustgarten Foundation. Every other meeting, our fraters are able to wear casual dress for a \$2 donation to the organization. We've already seen this to be immensely successful and have doubled our donation to Lustgarten since last year. It has been so refreshing and exciting to revamp our philanthropic involvement, and our fraters have found a new sense of pride in our successful efforts.



Peace, Friendship, & Brotherly Love,

Michaela Pacheco

Rho Iota Directorum

Sigma Bowls a Strike for Philanthropy

One of our biggest events this semester was our annual Bowl-a-thon, held on March 22–24. Bowl-a-thon is one of the best ways for our pledges and newest members to meet our alumni. This year, we started the event at the Toledo Walleye Hockey game, followed by fraters exploring downtown Toledo. Saturday morning, some fraters participated in the University of Toledo's annual BIG Event— one big day of service where multiple organizations at the University of Toledo donate their time to clean up different locations throughout the city. Alternatively, Sigma alumni took out-of-town fraters to sightsee at the Toledo Zoo and get ice cream at Mr. Freeze. Saturday night was when the bowling event took place with fraters and UT faculty. Year after year, this event is a great opportunity for having a fun time, performing community service, and spreading PFBL.



Fraternally yours,

Lauren Neese

Sigma Directorum

Tau Alumni's Roots Run Deep

Springtime is a great season for a few reasons. First, the transition from the cold weather to the warm weather is much needed. Second, for the Tau Chapter, this is the time when we get to induct new fraters into our chapter. We get to grow our chapter with new fraters and welcome a new e-board, giving them a chance to bloom and shine!

For this edition of the Apothecary, I would like to focus on pledging and the impact it still has on the alumni. Time is very precious, and especially when we are older and not able to be at every event, having one or two major events where we are all involved is the best way to get the most out of our investment. At the alumni level, the month of pledging is about passing down traditions. I think everyone would agree that pledging is one of the most rewarding experiences. Looking back, when we went through the process, we didn't fully understand the gravity of it. It might have taken a few years to really sink in what our bonds as "pledge brothers" really meant.

Pledge month also gives you a look back at where you once were versus where you are now. It is a chance to remember all of the memories made during that month and look at



your roots, literally and figuratively. Tau has a night where the pledges make family trees and go all the way back to the reinstatement of the chapter in 1995. The undergraduates and alumni are involved as the pledges call for hints about who was in what pledge class, what year they pledged, and what their family tree looks like. Each tree is unique, just like each of the pledges and each of us. The culmination of the month is when we induct the newest fraters and get to spend time with them over a weekend, sharing stories, laughing, bonding on the beach, and enjoying the company of many we see infrequently. At the end of the weekend, our hearts are

filled with happiness and more memories that will last a lifetime. As alumni, it is a real treat to see new faces, get together with old friends, and continue traditions that make our chapter strong.

PFBL,

Jessica Filippoli

Tau Alumni Frater

Tau Undergraduates Call Together Several Generations

Most recently, Tau had our annual "Last Call" end of the year formal affair. This is a special evening where we reflect on the past year, induct the incoming officers, and celebrate the accomplishments of our graduating fraters.

This year was unique because Supreme Directorum Katelyn Parsons and her husband Kyle Harrison attended, along with Tau auxiliary members, AZO fraters, and Tau alumni and undergrads from the pledge classes of 1995 to 2019. First, we announced the incoming officers for the 2019-2020 fraternal year. It is with great pleasure that I announce my pledge brother, Taylor Botelho, is incoming Tau Undergraduate Directorum and Amy DeCorpo is incoming Alumni Directorum! Katelyn led us through the switching of the

officers. The installation ceremony was a great opportunity to really solidify the importance of holding an office in our fraternity and honor those who have achieved it.

We all enjoyed a fabulous night filled with way too much food, as Bellarums Brianna Shea and Bridget Thumar put on a seamless celebration. They handled the location, menu, guest list, and agenda for the evening effortlessly. Because this isn't as large as an interchapter AZO formal, it is okay to have a smaller committee run the show.

We also make it a point to honor the graduating fraters for this academic year. This year we have ten graduating fraters in various fields of medicine and pharmacy. We are all so proud of them and excited to call them alumni next year!

Even if you do not have the means to throw a huge formal, you should consider having an end of the year affair. It is a lovely evening and a good opportunity for alumni to get involved.

PFBL,

Morgan Quigley

Tau Undergraduate Directorum



Theta Gamma Takes a Stand Against the Opioid Epidemic

An event our chapter put on this semester that made me proud was the Opioid Epidemic Awareness Event on March 13. Addison Sember, the head of Theta Gamma's Opioid Task Force, did an amazing job organizing the event! It was available to all University of Findlay students and provided statistics about the opioid epidemic, information about the pathway and signs of addiction, and helpful resources for students. We made a trivia wheel, had a short presentation about Narcan, and then handed out informational flyers! The goal of this event was to raise awareness about this epidemic and end the stigma surrounding addiction. Thanks to our Student Government Association, we were also able

to provide snacks and t-shirts to participants. I'm proud that we were able to do this, because as future pharmacists, we should all recognize the importance of empathy and compassion towards those impacted by addiction. This event was a great start for our chapter to incorporate the Opioid Task Force on Findlay's campus and work towards expanding our goals as a fraternity.

Fraternally submitted,

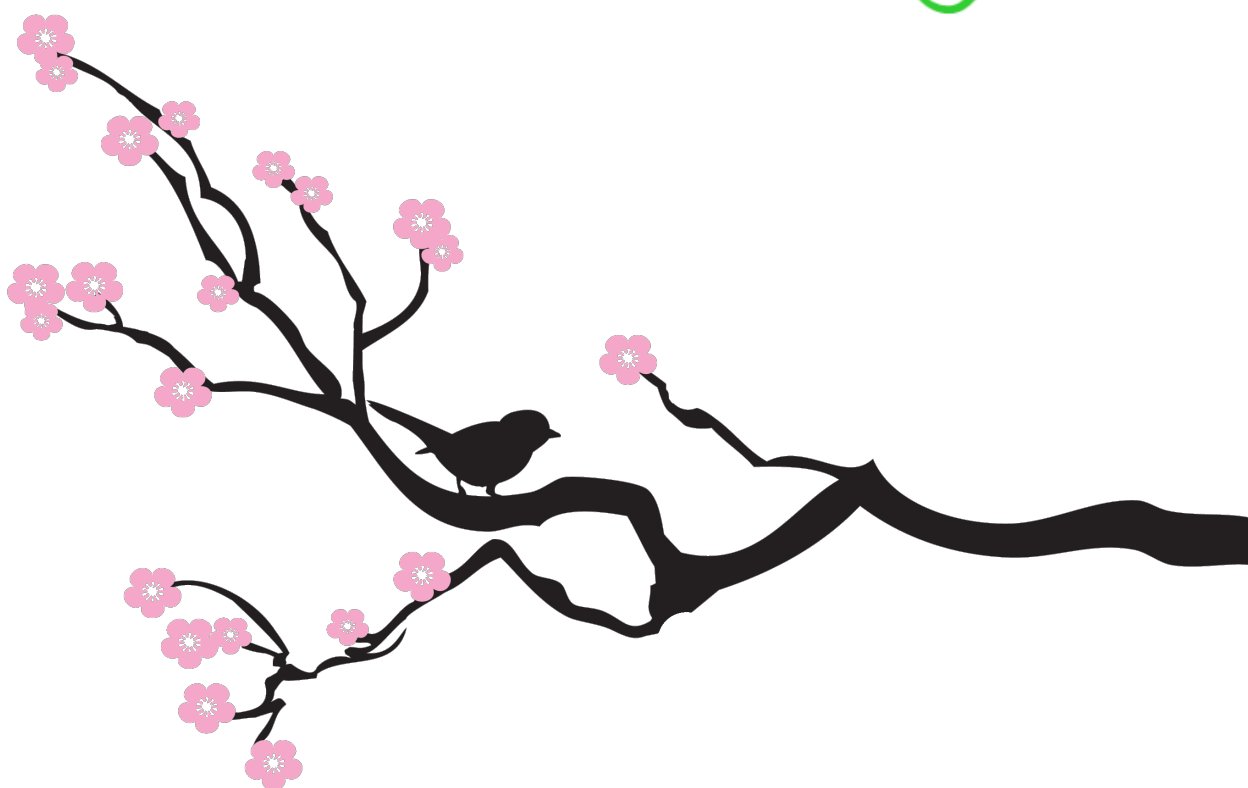
Carmen Witsken & Addison Sember

Theta Gamma Directorum Elect & Pledgemaster Elect





Undergraduate Dialogue



Undergraduate Dialogue: Coralys Melendez Tur, Psi-PR



I had the opportunity to sit down with Coralys Melendez Tur, one of our newest fraters from the expansion of the Psi chapter at Nova's Puerto Rico campus. She gave insight into how a chapter expansion like this works, and shared her infectious drive to push their already extensive list of achievements to new heights. It's safe to say we can expect great things from her. Amazing job, Coralys! We can't wait to watch you glow!

Let's begin with a little background about you. Where are you from originally?

I am from the tropical vibes of the Caribbean. I was raised in the west side of Puerto Rico, and I currently live in San Juan.

Do you play any sports?

I've played volleyball since I was 6 years old. I was a part of the junior and senior varsity team in high school. I also represented my town's volleyball team and won a sub-championship. I have always been sports-oriented since my father is my coach, in volleyball and other spontaneous adventures.

What are your career goals?

First, I want to further expand my knowledge in the pharmaceutical profession by experiencing rotations in the United States and attaining a residency. I believe that getting out of my comfort zone will help me grow personally and professionally. In the future, I would like to own a community pharmacy that offers innovative services to optimize healthcare for my patients.

What prompted your career path? Did you decide before or after starting college?

I have always known I wanted to be a pharmacist. Since high school, I have admired my aunt because of the respectful and professional services she offers as a community pharmacist. Her passion for the profession inspired me to pursue the career.

What made you choose Nova Southeastern University, Puerto Rico Campus?

The School of Pharmacy of Nova Southeastern University has a respected reputation. I received positive feedback from pharmacists who confirmed that graduates from this university are well-rounded professionals and individuals. Attending the Puerto Rico Campus has helped me develop as a leader and a mentor for my AZO family.

What inspires you?

Inspiration is beautiful and contagious. First is God, who has gifted me with many opportunities



in my life and career for which I feel very blessed. My family is my second main source of inspiration. They have always supported me, and I would have never achieved what I have accomplished today without them. From them, I have learned that sacrifice and commitment are the keys to success.



That's so touching! Let's move on to AZO. How did you first hear about us?

Two years ago, Sandra Rolón, our amazing Supreme Historian, approached me at the Pharmacy Convention held on the island and talked to me about AZO. She convinced me to help expand the Psi Chapter of Palm Beach Campus to PR. After a lot of hard work, the chapter was finally settled this past year. If it wasn't for her, AZO Psi PR would not have come to be. She has been an excellent mentor and friend!

What made you and your fellow fraters so set on bringing the Psi Chapter to your campus in Puerto Rico?

Since the beginning, I was really excited to be a part of this new legacy at the Puerto Rico Campus. Our motivation was the brotherhood that the fraternity would create within our school and other colleagues.

We were very excited to have more bonding opportunities with the Pi Rho Chapter, which is very close to us. Additionally, the endless networking, professional and philanthropic opportunities within AZO helped us recruit even more members. Thanks to the Fraters Dr. Genevieve Hale (Psi Faculty Advisor), Anais Tirado (Psi Past Directorum), Directorum Ashley Garofolo, and the brothers from Pi Rho who helped me throughout the settlement process.

What positions have you held in AZO? What have you learned from them?

Thanks to AZO, I had my first opportunity to be part of an executive board. Since last year, I have served as the liaison for our campus, and this year I serve as Sub-Directorum of Psi-PR. My role within the fraternity has been a very challenging one, but it has also been very rewarding and enjoyable. It has truly helped develop me as a leader while also allowing me to work very closely with amazing brothers and meet lots of great people. Most remarkably, I have learned that dedication and commitment result in beautiful things.

How has AZO shaped your college experience?

AZO has made my college experience much more interesting and challenging. When the fraternity proposal was being reviewed in PR Campus, one of the questions asked was: "What would AZO offer differently from the many other organizations already established on campus?" I knew that it would bring many innovative and different activities, but bringing these plans to life was an incredible experience. We are certain that our administration's expectations of



AZO were fulfilled.



I was super impressed that you and so many of the fraters from your campus came out to convention immediately! How did you generate so much excitement around it?

So far, my first AZO convention was my favorite experience in the fraternity. The energy transmitted by all fraters and the urge of helping each other was amazing. AZO traditions and its culture are embodied in my memories forever. Since AZO is the first professional fraternity on the San Juan Campus, we really did not know

what to expect from the convention, but we were sure it was going to be a blast, so we just went for it. Ten fraters from PR attended the convention in Orlando, and it was a great experience for all. We are looking forward to the 100th year anniversary convention and to motivate even more brothers to attend in the summer!

How does it work being one chapter with two different campuses? Does each campus have an executive board, or do you both operate under one set of leadership?

Psi Chapter had a year of transition and evolution. Originally, we could not have an executive board at the San Juan Campus as no one was inducted yet, which is why we started with a group of liaisons. Due to school policies, we had to elect a partial executive board, with the main leadership being the executive board in Psi-FL. The Psi-PR executive board consists of a sub-directorum, exchequer, signare and historian, all of which report to the Psi-FL e-board.

What type of obstacles does having an e-board spread between two campuses present?

Having individual executive boards and the long distance impeding our communications made everything more challenging, but not impossible. Two campuses meant we were living in two completely different worlds. When I first started planning activities on the island, I tried to complement them to the ones AZO already had in Palm Beach, Florida. When we put on events, we would swap out certain activities to adapt them to our different culture and environment. Communication was key between both boards to facilitate the decision-making process.

What's one thing you're proud that your chapter has accomplished?

One of the achievements I am extremely proud of is how AZO has been integrated and started collaborating with other organizations that were already established on campus. My chapter has completed many extracurricular activities this past year. We have had AZO roadside cleanups, beach coastal cleanups, nursing homes visits where we donated products, residency workshops, Lustgarten fundraisers, pharmaceutical tours, and our very first AZO banquet on the island. I hope that Psi's expansion in PR marks a start for many new opportunities and achievements in the future.



Honestly I'm in awe of how long that list already is. You have certainly been busy! So what's next for you with AZO? What role do you see it playing in your life in 5 years?

One of my goals for the Psi Chapter is to help establish an Alumni Chapter. This will help professional pharmacists to keep connected and touch base on best practices.

Well if your success so far is any indicator, I can't imagine it'll be long before that alumni chapter is established. I look forward to seeing how you and your fellow fraters develop it! Now let's relax and get to know you a little better. If you could have any superpower, what would it be?

If I could have any superpowers, I would like to have healing powers. As a pharmacist I know that we do that, but having the power of healing chronic conditions and pain from people who suffer daily would be amazing.

What's your spirit animal?

Monkeys! They are crazy, happy, and intelligent.

If you didn't have to sleep, what would you do with the extra time?

If I had that much time, I would read more motivational, financial, and professional books that will help me grow personally and professionally.

What is something that people are obsessed with that you just don't get?

I think that people's obsession with social media is growing a little more each day. Leaving the phone to the side for 5 minutes will definitely bring a pleasant conversation with the person in front of you.

What's at the top of your bucket list right now?

Recently I wrote a really interesting bucket list for my 20s and 30s, and everyone should try to do one! Besides wanting to travel to Thailand, South America, and Europe, I would love to go skydiving.

If you could time travel anywhere, where would you go?

If I could time travel anywhere, I would travel back in time to the 1960s. Getting a chance to appreciate the culture, the dancing, and the colorful clothes of this time would have been awesome.

What song could you sing in the car for hours on repeat?

For a little extra motivation, I love listening to "Con Calma" by Daddy Yankee and Snow! Its rhythm is contagious and motivates me to sing and dance!





Special Reports



Lessons from Leaders

Tips from Outgoing Directorums to Prospective Directorums and Hopefuls

- ◇ You **have** to delegate and trust your executive board
- ◇ Don't feel bad handing out tasks or asking for help; everyone has coursework, *including* you
- ◇ Hold yourself accountable for being direct and specific on what you want people to accomplish and how they can accomplish it. Support them, and follow up to make sure you've given them the resources they need to be successful!
- ◇ Check your email every day
- ◇ Consider setting up a schedule to keep track of events and deadlines
- ◇ Be active in the recruitment process! Ensuring you choose passionate members from the start sets you up for success down the line
- ◇ If you're considering being Directorum, begin approaching people you see as good candidates for other positions as early as possible
- ◇ Lead with passion! You will grow more than you imagine in this role, and I only hope that your passion for AZO becomes stronger with each day of your term
- ◇ Turn meetings into something fun instead of an obligation. Be creative, play games, enjoy yourself!
- ◇ Motivate your fraters to be the best they can be through goals or incentives – this helps keep moral up and improves attendance at events!
- ◇ Try to include alumni in your events – it gives everyone a chance to mingle and feel involved and will greatly help with retention once undergrads become alumni
- ◇ It is not your responsibility to make sure every single event is perfect every single time—don't be so hard on yourself
- ◇ Let others know how much you appreciate and value their hard work
- ◇ Watching your fellow fraters grow and become leaders is the best part of the experience

100 Years Strong

Personal Accounts of AZO History

"With the centennial around the corner, one thing that I am most proud of is our current momentum (on both the Supreme and chapter levels) and the excitement I have felt with each chapter visit. Similarly, we are making strides with our alumni retention, as we've worked hard to offer more to these Fraters and get them excited to return to us. It's amazing to see how AZO has grown from what was originally a Jewish fraternity started by our 13 founding fathers, to the point where we allow fraters of all kinds, as long as they are committed to our mission and values identified in our creed. Half of the e-board this year is female and the majority of us are not Jewish, but our pride and love for AZO seems to be at an all-time high. I'm confident that we are approaching another round of glory days for AZO as we continue to advance with the times." —
Katelyn Parsons, Supreme Directorum



"I've seen so much growth and development within AZO since I first pledged in the spring of 2008, from the creation of Philanthropy Chairs, to the distribution of an updated and digital pledge manual, to seeing Chapters travel hundreds of miles to be together for just a few hours of PFBL. However, for me, the thing that I have enjoyed seeing the most is the expansion of chapters and the fostering of retention efforts. When I first joined the Tau Chapter, there were only 2 active alumni in the chapter, and I only knew of them as names on a page in my pledge manual. Tau had no integration of undergraduates and alumni, and this contributed to a lack of retention. Over the course of my undergraduate years and as my own graduation date approached, myself and a few other "newer alumni" wanted to ensure retention for the chapter, so we worked tirelessly to create events that would bring both undergraduates and alumni together. If you had told me when I pledged that one of our only active alumni, "Dr. Medeiros," would eventually become one of my closest friends, I wouldn't have believed you. Because of the efforts that took place starting in 2009, Tau was finally able to create an alumni component to the chapter in 2013, and I was honored to serve as the first Alumni Directorum. Since Tau Alumni's inception in 2013, we have continued to grow, and can boast that for the first time ever, this year we were able to retain 100% of our graduating fraters from the class of 2018.

"In 2008, we only had 6 active undergraduate chapters. In the 11 years since I joined, that amount of undergraduate chapters has doubled. Having the pleasure to attend the chapter inductions of Theta Gamma, Delta Tau, and Rho Iota were amazing experiences. I even had the honor of being invited by Lauren Judson to accompany her to Western New England University to give the initial presentation to the school and work with them to help facilitate the creation of the Delta Tau Chapter.

"Being the Retention Committee Chair and seeing the chapter we pitched create their own alumni component is really watching something come full circle. Seeing our newest chapters graduate fraters that have the option of staying active within their own chapters as alumni is truly where our future is headed. The Lambda Nu Chapter and Theta Gamma Chapter are making great strides in creating their own alumni components, and it will be just a matter of time before Rho Iota joins them.

"I am so proud of the accomplishments of the fraternity and see continued growth and expansion in the

future. Bridging the gap between alumni and undergraduates is the key to successful growth, and through our continued efforts within retention and mentorship, I only see bright things in AZO's future." —*Tiffany Janajreh, Supreme 1st Sub-Director*



"The end of my tenth year in the fraternity is upon us. If you ask some of our more seasoned fraters, 10 years is "nothing," but there has been so much life that has happened in these 10 years! AZO has been there every step of the way, and I wouldn't have it otherwise. As I write this, I'm looking at my initiation certificate hanging up on my wall, signed by four now-PSDs- Harry Lieberman, Brian Pinto, Stephen Imperato and Leonardo Ortega. Young, innocent, 19-year-old me would have never thought that my name would be among those signing the certificates now. That is a testament to the leadership in the fraternity, both on the chapter level and nationally over the last decade—leading by example and developing fraters into roles that best suit what they can contribute.

"Something that I am very proud of is how the fraternity continues to evolve with the times, while retaining the traditions and values that have kept AZO in business for 100 years. We continue to use technology to our advantage, through ramping up CE offerings, utilizing our interactive website, having a vibrant social media presence, and harnessing web-based and paperless solutions to handle fraternity operations. It is my hope that our efforts to use technology to enhance our operational efficiency continue in coming years." —*Jon McLachlan, Supreme 2nd Sub-Director*



"This semester is marking 10 years in AZO for me! I think back about how much we have grown in numbers and spirit since then. At the time I pledged, we had 6 active undergraduate chapters, and now we are up to 12! In New England alone, there are 4 chapters within a 3-hour drive of one another. The fact that there are so many options for people to see what life is like outside their own chapter is amazing. Now younger fraters have the ability to get involved without having to commit to conventions. Hopefully people are seeing the comradery at the local regional levels and getting more and more active on the Supreme level. Some of my closest friends (including my wife) and fondest AZO memories are outside of my own chapter, and it all started with one chapter visit.

"Doubling in size so quickly is incredible for us, but it certainly comes with its own challenges. It was much easier in the past to be able to visit most chapters each year as almost all have an annual interchapter event. Now, with 12 undergraduate chapters (plus alumni chapter events), it is difficult to visit each as often. This is honestly a great problem to have, but I hope it does not deter anyone from getting out of their comfort zone and seeing all that AZO has to offer. I love that we are putting a primary focus on retention over the coming years. Now that we have more active chapters than in recent years, it is important to retain our alumni and continue to grow as a whole. If this last 10 years is evidence of AZO's future, I have no doubt we will be around for another 100. " —*Adam Schweitzer, Supreme Exchequer*



"Reflecting on how Alpha Zeta Omega has changed from my induction in the Fall of 2012 until now, one of the biggest changes that I have noticed is the overall involvement of the younger fraters in every aspect of the fraternity. Whether it be elected positions, organizing fundraisers, continuing educations, or interchapter events, the younger fraters have stepped up to assist in whatever ways that they can. Seeing this 'changing

of the guards' brings me great joy and hope as our fraternity moves into the next 100 years. " —*Jason Marchal, Supreme Bellarum*



"Saying that Alpha Zeta Omega changed my life is definitely one of the understatements of the century. When I first heard about AZO my freshman year from one of my friends, I did not think much of it as I was focused on school and trying to deal with being away from home. I didn't think of it again until two years later, when I met Nu's Mallory Norman in the hallway of my building who encouraged me to check out AZO's General Information Meeting and see what AZO is all about. Once I saw that AZO was a fraternity full of welcoming, adventurous people who were dedicated to philanthropy and the profession of pharmacy, I did not hesitate to join Nu's Fall Pledge Class of 2016.

"After I became a frater and attended my very first convention, I started to see changes in my life. I started having closer relationships with the friends I made and started opening up more to the people around me. I also began to travel a lot more to different states in the country. Before AZO, I had never been to Disney in Florida, Oktoberfest in Ohio, or even the Big E in Western Massachusetts. I started to take on leadership positions, which is something I never thought I would do more than once in college, nevertheless this early on in the fraternity. From starting out on Pledge Committee to becoming the Nu Undergraduate Representative and then becoming the Supreme Undergraduate Representative, I have learned so much along the way and enjoyed every minute of this wild ride. Being a leader in AZO also encouraged me to be a leader in my other organizations.

"I will be forever grateful for all of the changes AZO has made to my life and everyone I met and will meet in this fraternity. My life would not be the same without the PFBL that I felt from fraters from across the country and across generations. It has only been about three years since I joined the fraternity, and I cannot wait to see what my future in Alpha Zeta Omega holds." —*Darius Papulis, Supreme Undergraduate Representative*



"Since my induction in the Spring of 2012, Alpha Zeta Omega has given me some of the most amazing friendships I could have imagined. I did not realize when I joined that I would develop friendships that withstand the test of any amount of missing time. And no matter how far apart or how long we go without speaking, every time we come together again, it's as if no time has passed at all. Since joining AZO, I have grown as a person and learned to believe in my abilities as a leader. A piece of advice that I would bestow upon anyone who is just starting in AZO is to get involved. Being involved in something bigger has really changed my life and given me drive and work ethic that I did not realize I had in me. If you are not sure where to begin, look around. There are so many years of people with such great experiences that you can learn from. All you need is a little spark, and the fraternity can be whatever you want it to be. " —*Ashley Simpson, Good & Welfare*



"Since I have probably been active in AZO nationally longer than anyone else on the Board, I have a lot of memories. I started learning about AZO in 1963 when I met Jay Pollock at a mountain resort. My first National Convention was at the Concord in 1965 when the AZOette suggested that we bring an outfit for changing at least 3 times a day. Some of my fondest memories were talking to Jay about the political scene. In those days politics reigned supreme at the National Convention. Then the fight to allow women to join was

a tribute to the tenacity of Jay who would not give up on the idea of having women join the Fraternity. I could go on for pages, but I will stop and hope that everyone comes to Philly this summer and enjoys reminiscing in person.” —*Joy Pollock, Legal Advisor*



“I would like to focus on how far AZO has helped me grow over the years with the various chapter and Supreme positions I have held. I have had the opportunity to work closely with fraters from Tau as Bellarum and Recruitment Chair (bringing me closer to my Tau women), as well as working with all of the chapters as Supreme Historian (capturing memories that will be cherished for years to come), and working on fundraising (connecting with fraters new and returning). I have met so many people along the way that have inspired me to keep learning and growing through AZO. This 100-year anniversary is such a milestone in our history, and I love that I have the opportunity to build on years past and contribute to the years to come.” —*Jessica Filippoli, Special Fundraising Projects*



“One of the things that I am most proud of our fraternity for accomplishing is its continued expansion. I enjoyed being a part of the beginning of this by helping restart Rho Chapter, and I couldn’t be happier to constantly see Rho bros coming out to events across the nation. Seeing all of our other newer chapters doing the same reassures me that AZO is thriving and will continue to do so!” —*Nick Woodard, AZO Direct Chair*



“While I have only been a part of this fraternity for a short time, it has been nothing short of an incredible experience. As a pledge, I never would have imagined I would soon be holding appointed positions on Supreme and still meeting new fraters and making new friends at every event I attend. I’m extremely proud of all this fraternity has accomplished and how we are making new strides every year. I can’t wait to see what the future holds, and I am excited to see everyone at our Centennial Convention in the birthplace of PFBL!” —*Kelly Garrity, Sidney Rome Newspaper Cup Chair*



“I remember living at the fraternity house located at 22 Lafayette Street in 2006-2008. The bonds I formed while living there and within the fraternity as a whole made my college experience the best it could have been. Flash forward to 2019 and many of my life-long friendships are because I joined this great organization.” —*Brad Perry, Professional Mentorship*



“I have always tried to convey to the new fraters at Lambda Nu how important it can be to form those early relationships with alumni fraters. The world of pharmacy is actually quite small and you never know how a small interaction can benefit you later on.” —*Emi Wilson, Professional Mentorship*



"When I think of the state of Alpha Zeta Omega from when I became a frater in 2011 to now, among the most meaningful changes is the relationship chapters have amongst one another. It is almost a yearly occurrence that each chapter hosts an event with the sole purpose of attracting fraters from across the country to come and spend meaningful time with one another at their campus, but this was not always the case. In the first few years of my college experience, it was infrequent that chapters would take the long drives or flights to see one another, spare the convention road trips. However, as chapters communicated more frequently around sharing ideas, and social media conserved the connections we made between the times we could see each other in person, the bond between chapters grew and seemingly the distance became inconsequential. Today, I see the impact that relationships I made with those outside my own chapter enrich my life, both personally and professionally. I see members of Tau and Sigma in my social circles to this day, and can rely on fraters across the country for help in my work, regardless of how long it has been since we last spoke. And with each invitation I see go out from an undergraduate chapter opening their homes to all of AZO, it encourages me for what the future of our fraters will look like, and for the next 100 years of Alpha Zeta Omega." — *Vishal Amin, Recruitment Committee Chair*



"As we celebrate 100 years of Alpha Zeta Omega, it is crucial that we appreciate the development of this organization. The Dead Men's Club, which was initially formed to provide academic support for its original members, has expanded to include initiatives of recruitment, continuing education, philanthropy, professional development and advocacy. We have taken the vision of our founding fathers and have transformed it to encompass so many aspects of this profession that were once unreachable.

"As one of the newest committees in this fraternity, I would like to express the value that advocacy has on our profession. I challenge each of you and each of your chapters to read more about the laws and legislation regarding our profession and to spread awareness of them to our members and to the public. As we move into our next 100 years, I hope to see Alpha Zeta Omega on the frontlines of advocacy as true promoters of our profession. Read the news, the proposed laws, and the developing regulations. Learn about politicians' campaigns on the local, state and federal level. Challenge what you read and hear, and never stop promoting and defending our profession for as long as you practice pharmacy and for as long as you are invested in our field." — *Karli Boniello & Mallory Norman, Advocacy Chairs*



The Pharmacist Doll

by Melvin Lessing

Each decade engenders a distinct, pervasive formula for humor that encompasses all echelons from children to late-night comedians, in addition to the cast of the copious situation comedies plastering the TV. Most elicit a grin at best. These witticisms achieve humor most often by insulting or denigrating a race, religion, ethnicity, gender, sexual preference, nationality or celebrity. Like fashionable clothes in a given time period, their appeal diminishes and eventually vanishes. The internet and email distribution lists have contributed to the circulation alacrity, and ultimately to their demise.

One past example of this comedic style was the knock-knock joke. The orator says “knock-knock” responded to with “who’s there?” The speaker proposes a word (or phrase) such as “Donna” answered with, “Donna who?” The quip is completed with an Italian accent, “donna you wish you knew?” Rarely were knock-knock jokes worthy of the time required.

An ever-popular genre was the “how many [fill in the blank] does it take to change a light bulb?” Having inserted whomever the teller wishes to demean, the response might be “three, one to grasp the light bulb and two to rotate the ladder.” Many “light bulb” wisecracks were more vicious and abusive. Jokes disparaging blondes seem to persist, absent any rational basis. Some may be funny but always at the expense of persons exhibiting a genetic tonsorial trait. Likewise, politicians have continually been fair game for belligerency disguised as comedy.

A category of humor that predates the previous illustrations encompasses the doll jokes. Popular in the 1950s, the setup was a person’s name preceding the word “doll.” One such design was the Eisenhower doll, “you wind it up and for eight years it does nothing.” Though completely unjustified, it was repeated ad nauseum. What if there were a pharmacist doll? I suggest the doll would be packaged with a lifetime supply of batteries and an oversized hard drive as pharmacists never cease learning. The doll would be marketed in many varieties, male and female, young and old, American-born and foreign-born, and various races and faiths. Optional attire would be sold, including the smock worn in community pharmacy, the lab coat necessary in research positions, the college professor’s clothing, executive apparel, and the uniformed services garb. Built in flexibility would be designed such that new skills such as oral contraceptive prescribing could be retrofitted. The doll would possess an innate defect—its inability to compound drugs. The pharmacy doll would be proudly and coequally displayed among the other healthcare professional dolls. Its cost would be high, but its value would be enormous.



Spring Highlights

by Ashley Simpson

It is with great pleasure that we congratulate the following fraters on their recent nuptials:

Frater Brad Perry & his wife Amy Bocchino Perry

Fraters Cody & Katie Dabritz



We would also like to celebrate the following fraters' recent engagements:

Frater Ashley Simpson & her fiancé, Clint Brandien

Fraters Nicole Hodgdon & Nicholas Woodard



A Letter from the Editor

Greetings fraters!

I hope you are all enjoying the arrival of spring as much as I am. It feels fitting to pen my final submission now, just as the earth is warming up from a long winter. I feel the same rejuvenation as I type out this last passage, refreshed by a wealth of stories about our fraternity's progress and prosperity.

I want to extend my deepest gratitude to all the fraters who have submitted reports. I've been blown away by all the work you and your chapters have accomplished throughout this fraternal year, and it's been an honor to laud the strides you've made along the way.

For this edition, I made a special request of our Supreme officers for a reflection on how they have seen AZO transform since they entered the fraternity. From Joy's recollection of the formerly male fraternity to Darius's touching story of personal growth, these stories reinforced to me the strength of the connections we share. I will never be able to pay back the debt I owe to the fraternity, giving me everything from a community where I found my voice to a convention where I found my fiancé. As many of their statements mirror, I'm immensely proud of the growth I've seen the fraternity make, expanding across the country and not only adapting to new technology but using it to strengthen its reach. Perhaps even more impressive, however, is how many people have stories like mine. For a "club" to reach into your hearts and form attachments like that is what has always set us apart from other pharmacy organizations, and it filled my heart with joy to read so many people feeling that same deep love.

And so I want to thank you for reading through this edition of the Apothecary with me and for your part in my journey through AZO. I wouldn't change anything about my involvement in this fraternity over the past eight years, and I hope you all know the bonds we've made, however brief, are ones that I'll cherish for a lifetime. I look forward to celebrating them and all of you in Philadelphia this summer.

Fraternally yours,

Nicole Hodgdon

Supreme Associate Signare



Directorums Cup Tracker				
Directorum's Cup Activity	Points per item or Frater	Limit	Total points available	Notes & Suggestions
Chapter Reports				
Meeting Minutes	10	8	80	Sent to Supreme Signare
Financial Status	10	8	80	Sent to Supreme Excheque
AZOan Report	20	1	20	Sent to AZOan Editor
Newsletters	10	3	30	Sent to Newspaper Cup Chair
Convention Attendees				
Winter Meeting	4	10	40	Fraters who have attended all meetings and have paid convention fee
Summer Meeting	4	10	40	Fraters who have attended all meetings and have paid convention fee
January 1st Financial Standing				
Chapter Tax & Activities Fees	25	1	25	November 1st deadline to Supreme Excheque with active frater information and notation of graduating fraters to Supreme Signare
Initiation Fees	5	2	10	within 30 days of initiation to Supreme Excheque along with ABCD cards (or appropriate information) to Supreme Signare
Fund Contributions				
Roy Scott	10	1	10	November 1st deadline
Ephraim G. Sless	10	1	10	November 1st deadline
Host CE program or professional events	25	2	50	Proof must be shown to receive points
Charitable Endeavors				

Contribution	10	1	10	National Project
Fundraising	10	1	10	Chapter's choice, proof must be shown to receive points
Volunteer Work	10	1	10	Chapter's choice, proof must be shown to receive points
Mailing list & Graduating Fraters	10	1	10	MANDATORY
Interchapter Events	20	3	60	Directorum's Cup Verification Form must be submitted to receive points; cap at 3 times between two particular chapters
Visiting Chapter				
Hosting Chapter	2	10	20	
Visiting Chapter Distance Between				
1-100 miles	1	10	10	
101-500 miles	2	10	20	
501-1000 miles	3	10	30	
>1000 miles	4	10	40	
Points available	435			
Points required	360			